

TVSBA Women's Retreat - Faith Builders - 2019

Due March 17 to your church coordinator. Cost: \$140 (or reach office by March 20)

Early Bird Registration due Feb. 24th to your church coordinator. Cost: \$120 (reach office by March 1)

ABOUT YOU: PLEASE FILL OUT ALL BLANKS, use N/A for fields not applicable.

Name: _____

Mailing Address: _____

(Street address, city, state, zip)

Home Phone Number: _____ Cell Phone: _____

Email Address: _____

Church with which you're attending: _____



It is most important to me to be placed in a cottage by:

my quiet hour

OR my friends.



ALL participants will be housed in the cottages. Cottages have two floors and have shared bathrooms.

Rooms have bunks and one queen bed that is usually shared.

Please bring your own bedding (an egg crate mattress cover may be advisable, too).

PLEASE CHECK ALL THE APPLY; THE MORE SPECIFIC YOU ARE, THE BETTER.

1. Stairs are an issue for me. Yes
2. I am willing to share a queen bed. Yes _____ (specific friend?)
3. I need a bottom bunk. Yes
4. I need to be near an outlet. Yes (for medical devices, etc.)
5. I need to be in the handicap accessible cottage, to park close to the cabin. Yes
6. I would like for my cabin to be quiet by (Breakfast is at 8 a.m.):
 10 p.m. 11 p.m. 12 a.m. LATE
7. I have a specific roommate request. Yes _____
8. I have food allergies or dietary needs. Yes _____ (explain)
9. I have another request/need. Yes _____
10. I have an allergy/medical condition that administrators should know. Yes

11. I am willing to share my contact information in our notebook. Yes
12. I speak a second language fluently: Yes _____
13. I am interested in leading a small group discussion at retreat. Yes
14. I am planning to bring a dessert for the contest Friday night. Yes
15. I SNORE.
I DON'T SNORE—and won't be able to sleep well in a room with snorers.
I DON'T SNORE—but you may put me in a room with snorers.

16. My tee shirt size is (women's size): SMALL MEDIUM LARGE X-LARGE 2X-LARGE 3X-LARGE (CIRCLE ONE) **YES**—I would be interested in a tee shirt if it is under \$15. **NO THANK YOU.** (Although the final price has not been determined, if it can't be done for under \$15, we won't order. If you pay before we know the final price, we will REFUND any excess.)

17. Our **BREAK OUT** sessions were not finalized when this registration form was printed. Once you are registered, you'll receive the list. Once you receive that list, please contact us with your top 3 choices for breakout sessions by ranking them 1-3 so that we can schedule the break out sessions properly.
NOTE: WOULD YOU BE WILLING TO BE A LEADER? If so, please contact Michele Ring or Lisa Leach so we can direct you to the coordinator. (leachfamily@q.com or tvbsbaoffice.mring@gmail.com)

MAILING INSTRUCTIONS:

Please return the registration with your **payment (\$140) by March 17** to your church coordinator, who will send it on. **ADD \$15 if you want a tee shirt.** ONLY those who register on time may have a tee shirt. We cannot order extras.

EARLY BIRD REGISTRATION: \$120 by Feb. 24 to your church coordinator. Early bird registrations should reach the office by March 1.

ADD \$15 if you want a tee shirt.

MAILING ADDRESS (do not use the Kuna mailing address):

**TVSBA Women's Retreat
c/o Michele Ring
1690 E 11th North
Mountain Home, ID 83647**

**Make checks payable to Treasure Valley SBA for \$140:
(early bird registration cost if registered by Feb. 24--\$120)**

If your church has a contact person, just give all your paperwork to her!

Forms may be sent via fax (208-587-3886) or scanned and emailed to tvbsbaoffice.mring@gmail.com ,
BUT payment MUST be mailed.

This registration form is also available online at treasurevalleysba.com. You will have to print and mail it.
We're sorry, but we don't have the capability to fill out forms online.

If you have any questions call Michele at 208-442-4448, email her at tvbsbaoffice.mring@gmail.com or see the TVSBA website treasurevalleysba.org

Return both pages
to Michele Ring at the address listed above.

TVSBA Women's Retreat Information

April 5—7, 2019 at Trinity Pines, Cascade, Idaho

(Keep for your own usage—**DO NOT RETURN THIS PAGE**)

Please arrive between 4:00 p.m. & 7:00 p.m. on April 5
Please stop by the registration table in the dining room at Trinity Pines
when you arrive. Your room information, schedule, and folder will be there. The registration table will be open from 4:00 p.m. – 7:15 p.m.

Due to allergies, please DO NOT wear scented perfumes/lotions while at retreat; it is a serious health issue for several women.

Things to bring:

- Bible
- Pen or pencil
- Clothes--coat, hat, gloves, boots, and other warm clothes, (plus swimsuit and towel if you wish to go to Gold Fork Hot Springs)
- Please remember the weather; Cascade's average high in early April is 48 degrees. Average low is 23. There may still be snow on the ground. Check weather conditions before you leave home.
- Toiletries, towel, washcloth
- Bedding or sleeping bag, pillow. An "egg crate" mattress topper for comfort.
- Optional games (board games, card games for Friday and Saturday evening)
- Money for dinner Friday night and Sunday afternoon
- Money for: optional shopping on Saturday, Gold Fork Hot Springs - \$8
- Snacks or soda for yourself –the dining hall has NO soda! (There is a full-sized refrigerator/freezer in your cottage for your use.)
- A camera
- A flashlight
- Good walking shoes or boots – it is a short hike to the dining hall
- An open heart!

Things to Know*:

- Trinity Pines is a camp, not a hotel. As part of our agreement with them, we must leave the camp clean, ready for the next guests. As a result, our cleaning time is built into the schedule. Plan to stay for that cleaning.
 - Feel free to attend as many or as few sessions as you'd like, if you need time to process or rest, please take it!
 - There will be used books for sale. If you'd like to donate any books for the sale, please bring them with you. There will also be gift items. **(Please feel free to donate used books and new or gently used gift type items.** All funds raised will go into our scholarship fund for next year.
 - DON'T FORGET your dessert, if you sign up to bring one!
- *Any changes to the above information will be sent to you via email.

Emergency Contact Numbers:

You may leave these numbers with your family so they can contact you if you don't have a cell phone. Trinity Pines has spotty cell phone coverage.

Michele Ring, TVSBA administrative assistant: 208-442-4448 (cell) (Can be used for the family in emergencies or as a contact on Friday as you're traveling)

Trinity Pines 208-382-6200 (land-line). This is to be used only in extreme emergencies.

(Keep for your own usage—DO NOT RETURN)



Travel to Trinity Pines

349 Cabarton Rd.

Cascade, ID 83611

208-382-6200

Directions from I-84:

1. Take exit #46 Eagle Rd (Hwy 55) north toward Eagle 6.8 miles. This is the exit with St. Luke's in sight.
2. Take a right onto E State St. (Hwy 55) and go 1.7 miles.
3. Take a left, following Hwy 55. Go 69.9 miles.
4. Take a left onto Cabarton Rd (this is just past the railroad tracks and immediately after Cascade Baptist Church, a yellow building).
5. Go .6 of a mile and Trinity Pines is on the right.
6. Stop in at the main lodge for your sleeping arrangements.

Please make arrangements to travel with others in your church. If you'd like to combine rides with another church, contact the office at 208-442-4448.

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